



Lunch Menu



Delicious Healthy Meals for Kids

ALL MEALS ARE GLUTEN FREE (GF), SOY FREE (SF) and DAIRY FREE (DF)

SOME meals may contain nuts. NUT FREE (NF)

CONTAINS NUTS CONTAINS ALMONDS CONTAINS COCONUT

Monday

DF "French Toast"

Sautéed Apples w/Cinnamon
 Turkey Sausage
Fruit

Toleration or Meal (Please circle)

Tuesday

Chicken Primavera Tossed w/
assorted vegetables
Gluten Free Pasta
Fruit

Toleration or Meal (Please circle)

Wednesday

Beef Sliders
Mini Chopped Salad w/lettuce, tomato, carrot,
cucumber & healthy italian dressing
Roast Potatoes
Fruit

Toleration or Meal (Please circle)

Thursday

Turkey Nuggets
Roasted Redskin Potatoes
Assorted Veggies
Fruit

Toleration or Meal (Please circle)

Friday

"Cheese" Pizza
Raw Veggie Sticks
Fruit

Toleration or Meal (Please circle)

Sign Up!

Cash, Check, or Pay at Drop Off
I would like my child to have lunch on:

MONDAY WEDNESDAY FRIDAY
TUESDAY THURSDAY

Name of Child(ren): _____

Dietary Restrictions: _____

Allergies: _____

Preferences: _____



March 3rd - 7th

810.295.1800 MonarchChildCenter.com
7015 Fieldcrest Dr., Brighton MI





Lunch Menu



Delicious Healthy Meals for Kids

ALL MEALS ARE GLUTEN FREE (GF), SOY FREE (SF) and DAIRY FREE (DF)

SOME meals may contain nuts. NUT FREE (NF)

CONTAINS NUTS CONTAINS ALMONDS CONTAINS COCONUT

Monday



Breakfast Casserole
Turkey Sausage
Waffles
Fruit



Toleration or Meal (Please circle)

Tuesday



Turkey Goulash
Roasted Carrots
Fruit

Toleration or Meal (Please circle)

Wednesday



Grilled Chicken Alfredo
Roasted Broccoli and Red Bell Peppers
Fruit



Toleration or Meal (Please circle)

Thursday



Cheese Pizza
Assorted Veggies
Fruit

Toleration or Meal (Please circle)

Friday



Roast Sliced Pork Loin
Green Beans
Roasted Redskin Potatoes
Fruit

Toleration or Meal (Please circle)

Sign Up!

Cash, Check, or Pay at Drop Off
I would like my child to have lunch on:

MONDAY WEDNESDAY FRIDAY
TUESDAY THURSDAY

Name of Child(ren): _____

Dietary Restrictions: _____

Allergies: _____

Preferences: _____



March 10th - 14th

810.295.1800 MonarchChildCenter.com
7015 Fieldcrest Dr., Brighton MI





Lunch Menu



Delicious Healthy Meals for Kids

ALL MEALS ARE GLUTEN FREE (GF), SOY FREE (SF) and DAIRY FREE (DF)

SOME meals may contain nuts. NUT FREE (NF)

CONTAINS NUTS CONTAINS ALMONDS CONTAINS COCONUT

Monday



DF "French Toast"
Sautéed Apples w/Cinnamon
Turkey Sausage
Fruit

Toleration or Meal (Please circle)

Tuesday



Chicken Primavera tossed w/
assorted vegetables
Gluten Free Elbow Pasta
Assorted Fruit

Toleration or Meal (Please circle)

Wednesday



Beef Sliders
Mini Chopped Salad w/lettuce, tomato, carrot,
cucumber & healthy italian dressing
Roasted Redskin Potatoes
Fruit

Toleration or Meal (Please circle)

Thursday



Beef Goulash w/
Gluten Free Elbow Pasta
Broccoli
Assorted Fruit

Toleration or Meal (Please circle)

Friday



"Cheese" Pizza
Assorted Veggies
Fruit

Toleration or Meal (Please circle)

Sign Up!

Cash, Check, or Pay at Drop Off
I would like my child to have lunch on:
MONDAY WEDNESDAY FRIDAY
TUESDAY THURSDAY

Name of Child(ren): _____

Dietary Restrictions: _____

Allergies: _____

Preferences: _____



March 17th - 21st

810.295.1800 MonarchChildCenter.com
7015 Fieldcrest Dr., Brighton MI



Lunch Menu

Delicious Healthy Meals for Kids

ALL MEALS ARE GLUTEN FREE (GF),  SOY FREE (SF)  and DAIRY FREE (DF) 

SOME meals may contain nuts. NUT FREE (NF) 

CONTAINS NUTS  CONTAINS ALMONDS  CONTAINS COCONUT 

Monday

Silver Dollar Pancakes 
 Turkey Sausage Patties
 Mixed Berries

 


Toleration or Meal (Please circle)

Tuesday

Chicken Tacos
 Cauliflower/Spanish Rice
 Fresh Fruit

 
 

Toleration or Meal (Please circle)

Wednesday

Mac and Cheese w/
 BBQ Chicken
 Assorted Veggies
 Fresh Fruit

 
 

Toleration or Meal (Please circle)

Thursday

Meatloaf with Gravy
 Brussel Sprouts
 Roasted Redskin Potatoes
 Assorted Fruit

 
 

Toleration or Meal (Please circle)

Friday

Grilled Cheese Sandwich w/
 DF Tomato Soup
 Mini Tossed Salad
 Fresh Fruit

 
 

Toleration or Meal (Please circle)

Sign Up!

Cash, Check, or Pay at Drop Off
 I would like my child to have lunch on:

MONDAY WEDNESDAY FRIDAY
 TUESDAY THURSDAY

Name of Child(ren): _____

Dietary Restrictions: _____

Allergies: _____

Preferences: _____

