

LUNCH MENU

delicious healthy meals
for kids

ALL MEALS ARE GLUTEN FREE (GF), SOY FREE (SF) and DAIRY FREE (DF)

SOME meals may contain nuts. NUT FREE (NF)

CONTAINS NUTS CONTAINS ALMONDS CONTAINS COCONUT

Monday



Chicken Alfredo
Roasted Cauliflower
Assorted Fruit



Toleration or Meal (Please circle)

Tuesday



Mac and Cheese
Roasted Brussel Sprouts
Broccoli
Assorted Fruit



Toleration or Meal (Please circle)

Wednesday



BBQ Chicken
Coleslaw
Sweet Potato Fries

Toleration or Meal (Please circle)

Thursday



Grilled Cheese
Tomato Soup
Assorted Veggies
Assorted Fruit

Toleration or Meal (Please circle)

Friday



Spaghetti and Meatballs
Zucchini Noodles/GF Noodles
Assorted Fruit

Toleration or Meal (Please circle)

Sign Up!

Cash, Check, or Pay at Drop Off
I would like my child to have lunch on:
MONDAY WEDNESDAY FRIDAY
TUESDAY THURSDAY

Name of Child(ren): _____

Dietary Restrictions: _____

Allergies: _____

Preferences: _____

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Monday

*Option

Sliders with Cheese
Sweet Potato Fries
Assorted Veggies
Assorted Fruit

Toleration or Meal (Please circle)

Breakfast

Tuesday

Scrambled Eggs
Sausage Patty
Mickey and Minnie Waffles
Assorted Fruit

Toleration or Meal (Please circle)

Wednesday

*Option

Meatloaf
Mashed Potatoes
Assorted Veggie
Assorted Fruit

Toleration or Meal (Please circle)

Thursday

*Option

Chicken Quesadilla
Cauliflower Spanish Rice
Assorted Fruit

Toleration or Meal (Please circle)

Friday

Chicken Stir Fry with Veggies
Assorted Fruit

Toleration or Meal (Please circle)

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Ratatouille
Roasted Potatoes
Turnips
Assorted Fruit



Toleration or Meal (Please circle)

Tuesday



Tacos
Cauliflower Spanish Rice
Assorted Fruit



Toleration or Meal (Please circle)

Wednesday



BBQ Chicken
Corn Bread
Roasted Turnips/Potatoes
Assorted Fruit



Toleration or Meal (Please circle)

Thursday



BLT
Potato/Turnip Salad
Assorted Fruit



Toleration or Meal (Please circle)

Friday



Pizza
Assorted Veggies
Assorted Fruit



Toleration or Meal (Please circle)

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August 21st - 25th

248.486.3636 TheOxfordCenter.com
7030 Whitmore Lake Rd, Brighton MI

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Monday



Turkey Nuggets
Turnip Fries
Assorted Fruit

Toleration or Meal (Please circle)

Tuesday



Chicken Quesadilla
Cauliflower Spanish Rice
Assorted Fruit

Toleration or Meal (Please circle)

Wednesday



Grilled Cheese
Tomato Soup
Assorted Veggies
Assorted Fruit

Toleration or Meal (Please circle)

Thursday



Mac and Cheese
Roasted Brussel Sprouts
Broccoli
Assorted Fruit

Toleration or Meal (Please circle)

Friday



Lasagna
Assorted Roasted Veggies
Assorted Fruit

Toleration or Meal (Please circle)

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